

National CASA/GAL 2020 Archived Webinars Catalog for CASA/GAL Volunteer Advocates

YEAR-END IN-SERVICE CREDIT TRAINING OPPORTUNITIES

National CASA/GAL Association for Children

100 West Harrison Street, Suite 500, North Tower Seattle, WA 98119 nationalcasagal.org/



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Thank you your interest in pursuing your continuing education efforts as part of your work as a CASA/GAL volunteer advocate. Included in this catalog are National CASA/GAL Association for Children sponsored webinars available for year-end in-service training credits. All are eligible for credits for the year ending December 31, 2020. Confirmation of attendance will be emailed no later than January 8, 2021.

Please direct any questions to training@nationalcasagal.org.



FOCUS AREA

DIVERSITY, EQUITY AND INCLUSION

Topic: Advocating for Indian Children: Indian Child Welfare Act (ICWA) and the Role of CASA/GAL Staff and Volunteer Advocates

Description: According to the Bureau of Indian Affairs, the purpose of the Indian Child Welfare Act (ICWA) is "...to protect the best interest of Indian Children and to promote the stability and security of Indian tribes and families by the establishment of minimum Federal standards for the removal of Indian children and placement of such children in homes which will reflect the unique values of Indian culture... "(25 U.S. C. 1902). ICWA provides guidance to States regarding the handling of child abuse and neglect and adoption cases involving Native children and sets minimum standards for the handling of these cases.



By being grounded in foundational knowledge on the law, CASA/GAL staff and volunteer advocates can be a powerful voice in ICWA cases. Topics covered include:

- What makes ICWA so important to CASA/GAL best interest advocacy efforts
- Historical perspective of Indian policy decisions
- A discussion of ICWA and the role CASA/GAL staff and volunteer advocates can play in increasing compliance

Presenter: Angela Fasana, JD

Number of in-service credits: 2

Original air date: March 17, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/ucclJbir_T43HtyV5ASDC_98W9S7ff-shyIdrKdbxRnjU3EDOIP0Z-YUYrEiILsFiG0pBIeF5_wsufvS?autoplay=true&startTime=1584469649000

Topic: Strengthening Families Using a Racial Equity Lens

Description: This webinar will present on how history has shaped our child welfare system and, inadvertently, created negative outcomes for families of color. This training material will center on the role of implicit bias in child welfare decisions. National data will be included as well as local data (as available). Additionally, there will be concepts of racial justice explored and compelling reasons for each participant to play an active role in equity and justice. We will explore how we can partner with families and strengthen them. Much of the system is crisis oriented and risk averse, so there is also a discussion of family separation and the trauma that lingers when a child is removed from their family.

Presenter: Jessica A. Pryce, Ph.D., MSW

Number of in-service credits: 1.25

Original air date: September 30, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/dwNuBaJVfx2wFbuqxFh98RKUWjVg2usQjEUHeijJKQ3rNxuenrZilcnXM tKguMkcgvMmyQGfMTho1BnZ.XlqBBOGweTM11wB6?autoplay=true&startTime=1601499154000

Culturally Responsive Child Advocacy (Four-part Series)

This four-part series aims to improve our collective understanding of racial disparity in the child welfare system. As we improve our understanding of systemic racism and our individual and institutional roles in it, we build a foundation for achieving racial equity.

Topic: Culturally Responsive Child Advocacy: History of the Child Welfare System (Part 1)

Description: This session examines significant historical events, policies that resulted in segregation, and disparate outcomes for children in the foster care system.

Presenter: Mica McGriggs, PhD

Number of in-service credits: 1

Original air date: September 3, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/QiFSIKERgMWyB9K5Q4T0-3d6P5i5NOfOz8yZ47FqHbAM947KQ2MufJDFxbKqKdpwLu0UoTRZFNpdv_TK.rqaSzHkJeCRcla0G?autoplay=true&s tartTime=1599162947000

Topic: Culturally Responsive Child Advocacy: The Current State and Climate of the Foster Care System (Part 2)

Description: This session looks at the data and current realities of the foster care system set in a historical and sociopolitical context.

Presenter: Mica McGriggs, PhD

Number of in-service credits: 1

Original air date: September 17, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/37pM7zJfzdjJlwujJiWsRxbdie7G1cEMDmA0l99yrBmu24FLG6FPEHYXZ usU5XdR9nvjZgfC1lY3N4sp.vW eLEHljPZ73VPs?autoplay=true&startTime=1600372462000

Topic: Culturally Responsive Child Advocacy: Understanding Racial Bias and the Impact on Families of Color (Part 3)

Description: This session explores how unconscious racial bias shows up in our advocacy work both interpersonally and institutionally.

Presenter: Mica McGriggs, PhD

Number of in-service credits: 1

Original air date: October 1, 2020

To access, <u>click here</u> or copy the link below into your browser:

<u>https://nationalcasagal.zoom.us/rec/play/zq-GhX6bfWuQ5cdz8CNMj_-</u> <u>KgUpierWHEr55D4ZW40us9SJZm6h16mTLu1cN9kSH7OAPr0gfoIzWu8eP.fDjI53U3I3jCNOjb?autoplay=true&start</u> Time=1601582138000

Topic: Culturally Responsive Child Advocacy: Tools for Closing the Gap (Part 4)

Description: This session focuses on skill building and applying the knowledge gleaned from previous sessions. Skill include but are not limited to, tools for examining bias, evaluating equity, disrupting microaggressions, repairing racial ruptures, and cultural humility.

Presenter: Mica McGriggs, PhD

Number of in-service credits: 1

Original air date: October 8, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/6e1fmj6Da7qNy6UGqDzkqullObFVTAn6A_xcGfo4kOqMaBy74zfBg3yDRntzFHCEDuFYaKJhQeLYeTq.0cCT4TCvUDlU7vBc?autoplay=true&startTime=1602186983000

All Children – All Families: Advocating for LGBTQ Youth (Three-part Series)

This three-part series aims to improve our collective understanding of the challenges faced by LGBTQ youth and how we can best advocate for them.

Topic: Setting the Foundation for LGBTQ Inclusion (Part 1)

Description: During this webinar participants will learn how and why LGBTQ inclusion matters to the work of CASA/GAL staff and volunteer advocates through:

- Improving participants' knowledge of and comfort with appropriate terminology re: LGBTQ and sexual orientation, gender identity and expression (SOGIE) issues
- Exploring accurate information about the diversity of LGBTQ youth and adult identities and experiences
- Identifying language and behaviors that create a welcoming environment for LGBTQ youth and adults

Identify concrete next steps for being an "active ally" to the LGBTQ community

Presenter: Karey Scheyd (Human Rights Campaign)

Number of in-service credits: 1.25

Original air date: September 8, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/8WhEqSCK6piElTHgGd-Zebo0SJvw3YOEjjGuCc9OjnChvvNIIcmoXXFIAaZ89nw1qHdZn0ae0t068id.MZa0saRR OjKUpcN?autoplay=true&startTime=1599591375000

Topic: Advocating for LGBTQ Youth (Part 2)

Description: During this webinar participants will learn how and why LGBTQ inclusion matters to the work of CASA/GAL staff and volunteer advocates through:

- Explaining main challenges faced by LGBTQ youth, including statistics on: bullying, harassment, violence and over-representation in systems of care.
- Identifying common barriers LGBTQ youth face in out-of-home care and resources available for advocates.
- Exploring research on the importance of family response and adult support and how these responses impact outcomes for LGBTQ youth.
- Sharing ways to effectively respond to common misconceptions about LGBTQ youth.
- Discussing language and behaviors that create a welcoming environment for LGBTQ youth, including culturally-responsive discussions of SOGIE identity.

Presenter: Karey Scheyd (Human Rights Campaign)

Number of in-service credits: 1.25

Original air date: September 23, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/p7_iYpGmCmaXRoHAQ2N2owYvG8TWkedhVu5K1ci3TtpRbUMgYxWv

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Topic: Advocating for LGBTQ Youth in the Educational System (Part 3)

Description: During this webinar participants will learn how and why LGBTQ inclusion matters to the work of CASA/GAL staff and volunteer advocates through:

- Explaining main challenges faced by LGBTQ youth in the education system
- Identifying common barriers LGBTQ youth face in the education system and resources available for volunteer advocates

Presenter: Karey Scheyd (Human Rights Campaign)

Number of in-service credits: 1.25

Original air date: October 6, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/4MFhFqfhTDdeFlz-6YFB74L6njXxS9JW2tqRHpULLLHN408OeM3glWljQQXcaEsOcec-CWXpALmLToGc.jNNjHuBfS2w_WHtb?autoplay=true&startTime=1602011083000



FOCUS AREA

PERMANENCY AND CHILD OUTCOMES

PERMANENCY & CHILD OUTCOMES

Topic: Advocating for Trafficked and High-Risk Child and Youth Victims

Presenters: Megan Valdez and Rachael Ray (Dallas CASA)

Number of in-service credits: 1.5

Original air date: July 23, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/6Mcocur5qD03T9yRtwSDAvV8W43oJ62s0ygWq6YOyE3gVHVVYFXwYe MSZurV53hOaQTjmdfoB_EjpgZQ?autoplay=true&startTime=1595526874000

Substance Use Disorders (Three-part Series)

While substance abuse is not a new phenomenon, widespread addiction to opioids has been making headlines across the country. Law enforcement, public health officials, and policy makers are working to stem the tide of overdose deaths and hold accountable those responsible for this nationwide public health crisis. Often overlooked are the tens of thousands of children who are coming into foster care every year as a result of the opioid crisis. Courts are struggling to cope with the influx of cases. Child welfare officials are managing record caseloads and budget shortages. The goal of the series is to increase understanding of substance use disorder (SUD) on children who have experienced abuse or neglect and their families so that they are served with a greater amount of knowledge and skill by CASA/GAL volunteers.



Topic: Substance Use: An Introduction to Substance Abuse as a Disorder (Part 1)

Description: During this foundational webinar in the series, participants will learn more about Substance Use Disorder (SUD) myths and facts, terminology and appropriate language; history of SUD and the opioid epidemic; and relapse and recovery maintenance.

Presenter: Sarah Fox, MA (National Center on Substance Abuse and Child Welfare at Child and Family Futures)

Number of in-service credits: 1

Original air date: February 19, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/_cpJJfbc60JLRc_3uF37a6k8HKvZX6a8h3MbqfEPnxv2cB0zgBU5GyAZJ DMncOF2

PERMANENCY & CHILD OUTCOMES

Topic: Substance Use: A Family-Centered Approach to Understanding Impact (Part 2)

Description: During this webinar, participants will learn more about SUD diagnoses and types of treatment, the impact on children and families, and the family-centered approach to treatment.

Presenter: Sarah Fox, MA (National Center on Substance Abuse and Child Welfare at Child and Family Futures)

Number of in-service credits: 1

Original air date: April 22, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/vZlod7r6rD03HdGQuQSDUP96W9XreqKs2iYb sFzkm8VSEEYFegbrEW ZrFzBIYMwIcWegflydM3aY57?autoplay=true&startTime=1587574444000

Topic: Substance Use Disorders and Child Welfare (Part 3)

Description: In the third part of the series, participants will learn more about SUD and child welfare involvement, safety and permanency, and resources available to assist with their work.

Presenter: Sarah Fox, MA (National Center on Substance Abuse and Child Welfare at Child and Family Futures)

Number of in-service credits: 1

Original air date: June 24, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/tJAqdms_zw3E4KdsgSDVqV6W9Xpf6usg3JL_qBemBzkUCMBOgWgNbRBMOe_u4LFKDJ7zeA8JwUuUR8?autoplay=true&startTime=1593017736000



FOCUS AREA

SELF-CARE

SELF-CARE

Topic: How to be Resilient in a Pandemic, and Beyond

Description: The training will change the way participants understand resilience, from the old definition of surviving or "bouncing back" from challenges to a more modern focus on growing through challenges and thriving in the future. Participants will learn proven, practical strategies that they can start using immediately to increase their resiliency during the pandemic, providing them with both personal and community strengths that will continue to benefit them after the pandemic recedes.

Presenter: Michael Piraino, B.A., J.D. and M.Lit., Certified Resilience Coach and Mindfulness Trainer



Number of in-service credits: 1.5 Original air date: April 16, 2020

To access, click here or copy the link below into your browser:

<u>https://nationalcasagal.zoom.us/rec/play/upZ7c-</u> <u>2pqTw3H9LAtQSDAPN8W9S1eP6s2yIbqPEImhngAiMLOgemZOYaZuF1rDjpI7Ldw8za0-</u> 4gUibd?autoplay=true&startTime=1587058114000

Topic: How Do We Manage Our Secondary Trauma, Burnout and Compassion Fatigue During COVID-19? Essential Tools from a Trauma Expert

Description: There is now wide consensus that responding to the COVID-19 pandemic will take months rather than weeks. As CASA/GAL staff and volunteers we work in high stress, trauma-exposed fields and all need to consider strategies that will help us remain clear-headed, compassionate and present in the long-term rather than racing to just get through another day. Using evidence-informed strategies, this webinar will offer some essential strategies and resources to help all of us manage this difficult time.

Presenter: Françoise Mathieu, M.Ed., RP., CCC.

Number of in-service credits: 1.5

Original air date: April 21, 2020

To access, <u>click here</u> or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/play/uMItfuGsrz43SIKdsQSDC6N4W9W5KPqs0nIc86VbmE6xViYCZgCIYOQR Z-qomDN1ojIuhzcoSPtKtPKA?autoplay=true&startTime=1587486051000



PRESENTERS BIOS

PRESENTERS BIOS

Angela Fasana, JD



Ms. Fasana is a member of the Tribal Nation of the Confederated Tribes of Grand Ronde and currently serves as the Education Department Manager. Prior to her move the Education Department in October of 2019, she served as Court Administrator for the Grand Ronde Tribal Court for 19 years. The Tribal Court operates the only Tribal CASA Program in Oregon. Ms. Fasana also worked as a Legal Assistant in the Tribal Attorney's Office for approximately three years, working primarily with the Tribe's child welfare office and representing the Tribe in Tribal Court on dependency cases. Ms. Fasana received her Bachelor Degree from Portland State University in 1994, and a J.D. from Northwestern School of Law at Lewis and Clark in 1997.

Sarah Fox, MA



Ms. Fox is a Program Associate for the National Center on Substance Abuse and Child Welfare at Children and Family Futures. She assists with research and evaluation, technical assistance, and the preparation of products for a national audience.

Ms. Fox has over 10 years of extensive experience working in direct clinical practice serving individuals and families with specific settings to include private practice, inpatient psychiatric hospitals, inpatient substance use treatment, state funded community case management services and group living homes, active duty military, forensics, neuroscience research, and diagnostics. Ms. Fox has experience as an Associate Regional Director, Clinical Director, primary therapist and case manager for children, adolescents and adults. She received a Master of

Arts in Counseling Psychology from the University of Houston, Victoria and a Bachelor of Arts in Education from Winthrop University.

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Françoise Mathieu, M.Ed., RP., CCC.

Compassion Fatigue Specialist

Executive Director, TEND



Françoise is a Registered Psychotherapist and a subject matter expert on topics related to compassion fatigue and secondary trauma. She is the executive director of *TEND*, whose aim is to offer consulting and training to professionals on topics related to secondary trauma, compassion fatigue, burnout, self-care, wellness and organizational health.

Françoise has extensive experience working with the legal profession, dependency courts, guardians ad litem, Child advocacy Centres, anti-Human Trafficking and law enforcement. She has presented to the California Children's Law Centre, the LAPD, the Colorado Collaborative Justice Conference, the International Symposium on Child Abuse, the San Diego

International Conference on Child and Family Maltreatment, The Boulder County District Attorney's Office, St Jude's Children's Hospital in Memphis, the Chief Coroner's Office of Ontario, the Los Angeles County Anti-Human Trafficking Task Force and many other agencies who do high stress trauma exposed work.

Françoise is one of the founding members of the Secondary Traumatic Stress Consortium. Françoise is the author of "The Compassion Fatigue Workbook" which was published by Routledge in 2012 as well as several articles and publications.

Mica McGriggs, PhD



community.

Dr. Mica McGriggs earned a Ph.D. in Counseling Psychology at Brigham Young University and went on to complete a post-doctoral fellowship at Columbia University. Her area of expertise is the somatic embodiment of racial trauma. Along with her clinical and academic work, she has worked as a consultant on issues of diversity, equity & inclusion at the organizational level for several years. Dr. Mica has worked with a variety of top leaders from CEOs of corporations, to executive directors of nonprofits, to government officials (including police chiefs) on issues of diversity and sustainable inclusion. Dr. Mica is grounded in critical relational theory and believes that reciprocity and mutuality will promote a working culture and climate that are sustainably inclusive to all members of the

Dr. Mica has contributed widely to the academic and public discourse on the intersections of race, gender, and religion/spirituality and has had the opportunity to have her work featured in media outlets, including NPR, CNN, Teen Vogue, Fusion, CBS news, The Salt Lake Tribune, Huffington Post, News Week, and Seattle PI among others. She resides in NYC and currently works at an independent school, where she leads work in diversity, equity & inclusion.



Michael Piraino, B.A., J.D. and M.Lit., Certified Resilience Coach and Mindfulness Trainer



Michael is an inspirational speaker, nationally recognized nonprofit leader, and a long-time advocate for children. He holds a law degree from Cornell University and a master's degree from Oxford University, and was the national CEO of the National CASA Association for 21 years. After retiring from that position, he pursued new approaches to using contemporary science to help individuals and organizations better manage change, reduce stress, and achieve their goals. After three years of research and development, he founded **Resilience for Success** to make these new techniques easily available.

Piraino is a Certified Resilience Coach and Mindfulness Trainer, with additional training from the International Institute for Restorative Practices. He has provided resiliency trainings ranging from one hour to several days to a variety of

groups, including at the Rocky Mountain Restorative Practices conference, the Community Wellbeing and Resiliency Conference in Belgium, and multiple venues in the United States.

Jessica A. Pryce, Ph.D., MSW



Dr. Pryce is an Assistant Professor at Florida State University and currently the Executive Director of the Florida Institute for Child Welfare. For the past 10 years, she has been involved at multiple angles of child welfare (direct practice, teaching + training & policy and research). She has published on child welfare related topics, such as, training and education, racial disparity and anti-poverty practices. She has presented her research at 30+ conferences both nationally and internationally. She is the author is several op-eds focused on racial disparity and effective strategies to impact racial disproportionality within child welfare. Her TED Talk on Implicit Racial Bias in Decision Making has since been viewed over 1.2 million times.

Dr. Pryce has worked on the frontlines of child welfare, conducted primary research, been a policy advisor to Florida's legislature and taught graduate level courses in child welfare. Previously holding the positions of Child Protective Caseworker with the Department of Children and Families, and the Deputy Director of the University at Albany's New York State Education Consortium. In 2019, she received a 5-year appointment to the Advisory Board of the National Child Welfare Workforce Institute, where she consults and advises on leadership and workforce interventions around the country. She currently sits on the Florida Dependency Court Improvement Panel, alongside judges and advocates who are working towards a more trauma informed approach within the judicial system.

She has maintained and cultivated a commitment to the wellbeing of vulnerable children and families, the sustainability of the child welfare workforce, and effectively addressing inequity. Her paramount goal includes re-building and leading a child welfare system that focuses on strengthening families instead of pulling them apart.

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Rachael Ray



Megan Valdez



Rachael Ray and Megan Valdez are both volunteer supervisors/team leads and have been with CASA for almost 11 years. They both became involved in child sex trafficking advocacy in 2017 to support program director Chad Frymire's work with the Texas Governor's Office Child Sex Trafficking Team and the North Texas Coalition Against Human Trafficking. Chad had been taking steps to include CASA in a multi-disciplinary team working with partnering agencies to create a continuum of care model when working with survivors of commercial sexual exploitation of children (CSEC). Through grant funding, CASA has been able to offer specialized training for advocates to better serve CSEC survivors. Dallas CASA also partnered with Los Angeles based Saving Innocence to create a 3-hour web-based training specifically for CASA advocates.

Karey Scheyd



Karey is a nonprofit management consultant with particular expertise in foster care, adoption, and LGBTQ services. In her early career, she directed parent recruitment initiatives for NYC's Administration for Children's Services and managed programs such as Wednesday's Child (Freddie Mac Foundation) and Wendy's Wonderful Kids (Dave Thomas Foundation). She has provided consultation, training, program development, and curriculum development to organizations across the country. Karey served as a Court Appointed Special Advocate in Travis County, TX, and recently completed an advanced degree in counseling with the goal of providing trauma-informed therapy for individuals, couples, and families.